

When it comes to your body,
make the right choice!



Barrington Orthopedic Specialists

NewsCast

November 2010

One Patient's Gratitude...on a t-shirt

Wearing your heart on your sleeve may give way to a new trend...wearing your x-ray on your chest.

Anyone who has experienced pain and immobility due to an injury or condition can understand the frustration and interference of daily life that typically occurs. When patients come to Barrington Orthopedic Specialists, they are seeking relief of that pain from our highly-trained doctors and staff. When a patient becomes pain-free and can resume their normal, active life, the burden of that discomfort and disheveled life is lifted. Many times patients are so thrilled with their end result they want to thank the doctor, physician's assistant, physical therapist and all that helped in their care. Patient Richard Velinski decided to show his appreciation in a non-traditional way...on a t-shirt.

Richard Velinski had been dealing with hip problems all his life. When he was one year old, he fell out of his high chair and from that point on he had been seeking medical treatment for the injury. His first procedure on his hip had been performed in the 1930's and over the years he had many procedures, including two hip replacements which failed and left him with severe pain. Richard then sought an opinion from Dr. Terry Younger to find out if he could help alleviate his pain. "He was a strong man, but completely disabled by the pain, shortening, and instability of his left hip," stated Dr. Younger. "He was limited to walking only a few feet and used a wheelchair most of the time. Although we were unsure of how this difficult case would turn out, we decided to perform a revision hip replacement to lengthen and stabilize the hip, removing damaged bone and broken hardware and using a special locking mechanism and an 8-inch hip implant."

With extensive rehabilitation Richard now walks into the office without assistive devices. "My assessment is that his mood has completely changed now that he can move better and with relief of his chronic pain," said Dr. Younger. Richard was so grateful to Dr. Younger and Mike Morris (Dr. Younger's Physician Assistant) he later presented them with shirts he had made of his hip x-ray which illustrated the new hardware that made him able to walk. "I was walking in the mall and passed by a t-shirt shop and thought it would be something different," stated Richard. "I wanted to show my gratitude to those two nice guys...they were so willing help me out."

Richard wears his shirt proudly and will gladly talk to anyone who asks about it. As for Dr. Younger, he believes it is too precious to wear and is getting it framed to hang in his office as a reminder that picture may be a thousand words, but all this t-shirt can say is "Thank You".



"I wanted to show my gratitude to those two nice guys...they were so willing to help me out."
- Richard Velinski



Footnotes...

- Back to Health: An Ergonomics and Body Mechanics Class
Friday, November 19, 2010
8:00am - 10:00am - Hoffman Estates
For class details check out www.BarringtonOrtho.com
or call (847)285-4200
- Barrington Orthopedics is proud to announce that all four campuses are smoke-free as of July 1, 2010. Please refrain from smoking on the premises of any of our offices. Please join us in this effort to provide a tobacco-free environment for all patients, visitors and employees.
- Do you have a comment, suggestion, complaint or issue you would like to share with us? Did a staff member go out of their way to help you? We would love to hear about your experience. Please visit our website, www.BarringtonOrtho.com and click on the "Contact Us" page to send us your comments.



Got questions for your doctor? Write them down.

Better health care is all about communicating. Insist on discussing, and understanding, all treatment options with your physician, so you can collaborate to make the best decisions. A public service message from the American Academy of Orthopaedic Surgeons, where *Patient Centered Care* means getting better together.



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1030 W. Higgins Road
Hoffman Estates, IL

160 Biesterfield Road
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